



Men

Weight (Kgs)

	35	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115	120	125	130		
150																						4'11
155																						5'1
160																						5'3
165		XXS		XS			S			M			L			XL			XXL			5'5
170		36"		38"			40"			42"			45"			48"			51"			5'7
175																						5'9
180																						5'11
185																						6'1
190																						6'3
195																						6'5
200																						6'7
205																						6'9
210																						6'11
	66	77	88	99	110	120	130	143	155	165	175	188	200	210	220	230	242	255	265	275		

NB - Mens shirt sizes are actual chest measurements

Weight (lbs)

Ladies

XXS	XS	S	M	L	XL	2XL	3XL	4XL
Size 6*	Size 8*	Size 10*	Size 12*	Size 14*	Size 16*	Size 18*	Size 20*	Size 22*

*Ladies Sizes - based on UK standard sizes.

Kids Sizes

Shirts

Kids	20"	Kids	22"	Kids	24"	Kids	26"	Kids	28"	Juniors	30"	Juniors	32"	Juniors	34"
XXS		XS		S		M		L		S		M		L	

NB - sizes are full chest measurement of the garment and given in inches